

Caregiver Support Group

Presented by the Alzheimer's Association® - Central & Western Virginia Chapter



Raspberry Hill Adult Daytime Center

1381 Crossings Centre Drive, Suite A,
Forest, VA 24551

Third Saturday Every Month
10:30 AM - 12:00 PM

Visit alz.org/grva to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.



alzheimer's association®

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